



PROFESSIONAL DEVELOPMENT DAY

Hosted by Performance Psychology



January 20, 2025



8:00 am - 11:30 am



Xavier University



\$20 individual, \$15/person (group - up to 4),
\$10 university student and partnerships

During this event, industry professionals aim to empower coaches, athletic directors, teachers, parents and other sports professionals to achieve their highest potential by integrating mental health awareness and mental skills training into all aspects of athletic development.

PRESENTED BY DR. CRAIG HANTHORN - CO-OWNER OF PERFORMANCE PSYCHOLOGY & DR. NATHALIE TOWCHIK



REGISTER TODAY!



www.performancepsychologyllc.com



(513) 687-3436