



OVR Procedures and Rules for Juniors' Clubs

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The following Ohio Valley Region (OVR) procedures and rules supplement USA Volleyball (USAV) rules for the 2009-2010 USA Volleyball season (September 1, 2009 through August 31, 2010). Please direct any questions or requests for interpretation to Bill Zehler, OVR Girls' Program Director (zehler@ovr.org, 513-726-6739) or Loren Paulozzi, OVR Boys' Program Director (paulozzi@ovr.org, 440-476-3932).

The *OVR Juniors' Registration Packet* includes additional information and forms necessary for registering and running a juniors' club in the Ohio Valley Region.

1 Membership

You must be a current member of USA Volleyball, registered in the Ohio Valley Region, to organize a juniors' club in the OVR. Register for the 2009-2010 season at www.ovr.org/register/. Your membership is not complete until your registration fee, signed Waiver and Release, and signed *USA Volleyball Juniors' Club Personnel Code of Ethics* are received and processed by the OVR office.

Within the first year of forming a club, the club director must have received ASEP sports club director training and certification (www.ovr.org/juniors/coaching/asep.php). There will be no exceptions. Registration may be blocked if existing clubs do not comply.

2 Background screening

It is the policy of the Ohio Valley Region that any individual intending to hire or use registered individuals in any sanctioned juniors' volleyball activities will submit to a background screening policy as determined by the USAV. Club directors, club administrators, team reps, coaches, chaperones, and trainers who intend to register, affiliate, and/or participate with a juniors' volleyball club or team in the Ohio Valley Region will be screened. Failure to do so is grounds for automatic suspension of membership privileges to participate in sanctioned juniors' events and/or activities. The Ohio Valley Region of USA Volleyball will not register, or allow to be registered, any individual who refuses to consent to a background screen if he or she intends to participate in Ohio Valley Region sanctioned events with registered junior members. A background screen is not required for individuals classified only as junior players or members not associated with juniors' activities.

3 Practice sites

The OVR emphasizes the importance of safe, high-quality facilities, including for practice. All poles and referee stands must be padded. Support wires must be eliminated or padded. Players must be permitted to pursue volleyballs without endangering themselves or other participants.

4 Coach selection

It is the club's responsibility to attract coaches of high moral character, with knowledge of the sport, and with the ability to convey their knowledge to the athletes they train. Coaches must be of good character and emotional stability. It is imperative to check the background of every coach in your program.

5 Coaches' membership

All coaches assisting with tryouts must be current members of USA Volleyball. All coaches must be current members of USA Volleyball prior to the first practice. All coaches must have attended a USAV IMPACT course or a USAV IMPACT webinar prior to coaching in an event.

6 Banned substances

Use of tobacco products and alcoholic beverages are prohibited at USA Volleyball events in the gyms, locker rooms, and facilities.

7 Tryouts

Clubs having tryouts must sanction these events to use USA Volleyball insurance. Apply for sanction at www.ovr.org/juniors/tryouts/. Tryouts are limited to one contact per weekend, not to exceed 3 consecutive hours. Any second session or “call back” is also limited to 3 consecutive hours. No post-tryout organizational meetings are to be scheduled prior to the expiration of the 10-day acceptance period.

Clubs may host tryouts for athletes of high school age the day after the state championships in their state. Athletes from surrounding states are not permitted to attend tryouts in another state until the day after the state tournament has concluded in their state of residence. The last weekend of October is the first weekend tryouts are permitted for all other age groups. Contracts for elementary and junior high athletes may not be signed or accepted until November 1. At this time, athletes in interscholastic programs in Kentucky and Michigan are not restricted by any regulations from their states.

For boys, tryouts may be held for the regular season no earlier than September 1. Invitational offers may begin after July 15 until offer acceptance for current season. The no contact period runs from offer acceptance until July 15.

Failure to adhere to these dates may jeopardize the eligibility of the athletes we are trying to serve and will result in a penalty to the offending club and director. Clubs having tryouts in similar geographic areas should coordinate their tryouts to avoid same age group time conflicts. Each participant is to receive a copy of the *Athletes' Bill of Rights* at the end of the try-out and prior to making a commitment with a club.

8 Tryout participants

Tryouts may be open to anyone or by invitation. Each club must act responsibly when trying to attract athletes to their tryouts. Clubs may advertise through the media and distribute information regarding their tryouts to the coaches of the schools in their area. Membership to any specific club lasts from the date of the signed contract to July 15 of the current year. Beginning November 1, it will be considered inappropriate for any member of a club (director, coach, or athlete) to try to recruit a player that has already signed a written agreement to participate on another club. Clubs may respond to anyone interested in trying out for their programs. Failure to comply with these regulations will result in sanction by the region.

Note: all participants (with their parents/guardians) must complete the *Waiver and Release of Liability* before stepping on the court.

All club directors and coaches conducting tryouts must be registered members of USA Volleyball. The club assumes all liability if any member of their tryout staff is not a registered member of the Ohio Valley Region, with a current background screen. The OVR will sanction all registered tryouts and provide, on request to registered members, a *Certificate of Insurance*. The region will provide liability insurance for each athlete for the length of the tryout. Failure to have your tryout(s) sanctioned through our online application process or by submitting the *Application for Sanction of Tryouts* will place all responsibility for injury on the club. Sanctioned tryouts will be posted on the OVR website (www.ovr.org/juniors/tryouts/).

9 Tryout fee

Any non-refundable tryout fee should not exceed \$20. Permission may be granted to charge more with documentation of extraordinary expense. Written documentation of expense and value must be included with your application. Open gyms and clinics will not be sanctioned as part of a club's tryout.

10 Player selection

Clubs may offer contracts to athletes at the end of their tryout sessions. Athletes invited to join a club must be given ten days from the date of the offer to agree to sign a contract with the club. Clubs may not require a commitment on-site. Athletes may accept an offer at any time within the 10-day period.

11 Registration of teams and add-ons

Within the OVR, teams are classified as National, American (14s, 15s, 16s, and 17s) and Regional. National teams should consist of highly skilled athletes that compete at the highest levels of competition within and outside of the Ohio Valley Region. Regional teams consist of athletes from the beginner to the highly skilled and compete at various levels of competition based on their teams' composition. Regional teams do not participate in the OVR National Power Challenge, Power League, or Bid Tournament. Teams in the American division do not desire the travel associated with the National division, but want a stronger level of competition than the Regional division.

Once you have selected your teams, register them online at www.ovr.org/register/. You can register teams individually through a convenient web form. Alternatively, if you already maintain your club's information electronically, if you are registering all of your teams at once, and if you have at least 10 teams, you can efficiently provide all of your teams at once through an Excel™ template. (Otherwise, the team-based web form is more efficient.)

If you have additional players, coaches, or parents/chaperones to register following your initial team or club registration, simply go to www.ovr.org/register/ and select Add-ons.

12 Tournament entry

All tournament entries must include correct 11-character team codes. If you are entering teams that are not yet registered, promptly supply your team codes to the tournament directors when you register those teams.

It is the club directors' responsibility to complete their tournament schedules. Club directors can contact tournament directors at any time to inquire about and enter tournaments. Beginning with the 2009-2010 girls' season, teams registered as National may only play in tournaments sanctioned as National or "and Under," and teams registered as Regional may only play in tournaments sanctioned as Regional events. Teams in the American division may participate in tournaments classified as American, "and Under," and older-age Regional tournaments. Teams may play in a higher age group. Please keep the OVR policy in mind should you choose to cancel from a tournament at a later date. If a tournament director has proof of your club's acceptance into a tournament, that is considered to be a contract and your club will be held responsible for the entry fee. Proof can be in the form of a written acceptance, an e-mail message, or a check.

13 Entry fee

Do not write checks if there are insufficient funds to cover the check. The entry fee for any OVR regular-season tournament cannot exceed \$175 without special permission from the Juniors Tournament Director. The OVR-sponsored *National Bid Qualifier*, *Open Challenge*, and *Regional Championships* may have higher entry fees. Pre-tournament en-

try will include a check in the amount of the entry fee, current USAV 11-character team identification number, and team contact. For girls' tournaments, entry fees must be received by tournament directors by January 15 or 4 weeks prior to a tournament date, whichever is earliest. Boys' regular-season entry fees must be received by tournament directors 4 weeks prior to a tournament date. *Boys' Championship* entry fees must be received by the Boys' Program Director by February 1. Later arrangements can be made by a tournament director and participating clubs.

14 Tournament entry procedures

As it is the tournament directors' responsibility to publicize and fill their tournaments. Tournament directors must explain the following:

- a. whether any team in the tournament's classification (National, American, or Regional) can participate
- b. pool play, playoff, and officiating procedures
- c. any unusual procedures
- d. awards
- e. entry fee
- f. entry deadline, which should be no later than 14 days prior to the tournament date

15 Team rosters and entry form

Use the OVR website to update your teams' information: sign in, and go to www.ovr.org/dir/club.php for your club's information. Please include uniform numbers, and throughout the season keep your rosters current with the UPDATE ROSTERS link. The website will generate a roster for the tournament directors, including the team's contact information, coaches' certification, and junior officials' certifications. It is the responsibility of the club director to provide a completed, up-to-date entry form listing the team's name, USAV 11-character team code, and roster prior to the coaches meeting if there are changes that are not reflected in the team's online listings.

When submitting a tournament entry form or updating a roster, the following information must be provided:

- a. Team name (e.g. Exemplar – 14 Gold)
- b. USAV 11-character team code (e.g. FJ4-EXEMP1-OV)
- c. Team registration number (e.g. OV-FJ-1234)
- d. Individual OVR registration numbers of all participating players and coaches
- e. Players' uniform numbers

New this season are rules defining rosters and their restrictions. They are found at: www.ovr.org/juniors/divisions.php. Other restrictions include:

1. Only players registered on National teams are eligible for regular-season National events.
2. National teams can only play in National events within the OVR. Regional teams can only play in Regional events within the OVR. *Example:* Teams may play up in age; e.g., a 16 Regional team may enter a 17 Regional tournament. American teams may play up in the next age level of Regional tournaments.
3. Grade-level Regional and American teams must play at the age-appropriate level of their oldest player outside the OVR, the Keystone and Pioneer Regions (and possibly others).
4. A National player may not play on any Regional or American team regardless of age. An American or Regional player may be moved to a National team with the permission of the respective OVR Girls' or Boys' Program Director.
5. Players may not be on the roster of multiple teams within the same tournament.
6. Clubs may not register phantom or shell teams to provide a vehicle to aid in organizing player movements

from team to team. eg., shifting of complete teams or multiple players from a Regional, American or National team to the other to permit playing in both competition divisions and/or attending OVR Bid tournaments.

7. A club may not alter any registered team roster by more than two players for major OVR tournaments, e.g. Bids and Championships, without special written consideration from the respective OVR Girls' or Boys' program director.
8. Any division of players (National, American, or Regional) may participate in age specific ("and Under") tournaments. It is recommended that top National teams play "up" at least one division in age-group tournaments.
9. Any club or team found violating the competition policies will be sanctioned as if an age violation had occurred following the USA Volleyball *Age Falsification Policy* (as adopted by USA Volleyball Board of Directors, January 19, 2002).

16 Levels of competition

16.1 Girls' competition

Possible designations of girls' teams are:

- 18 National and Regional
- 17 National, American, and Regional
- 16 National, American, and Regional
- 15 National, American, and Regional
- 14 National, American, and Regional
- 13 National and Regional
- 12s
- 11s
- 10s

For the 2008-2009 season, the Ohio Valley Region created the 14 American level of competition. We have included the new divisions of 15, 16, and 17 American for the 2009-2010 season. Teams in the American division may participate as grade-level teams. Grade-level American teams may participate in local "out of region" events of their age with the permission of the region involved. American teams may participate in age-level ("and Under") events, older Regional events, and American events. American teams are eligible to play in Qualifiers of the age of the oldest athletes on their team (a 15 American grade-level team would have to play 16 Club). A complete list of the divisions of play is at www.ovr.org/juniors/OVR_Girls_Divisions_of_Play.pdf.

16.2 Boys' competition and mixed-team tournaments

Possible designations of boys' teams are: 18s, 17s, 16s, 15s, 14s, 13s, and 12s.

Younger boys' team (10-14 year olds) may participate in specially designated mixed-team (boys' and girls' teams) tournaments. Boys' teams will be required to play up one age division (ie: a boys' 12-and-under team must participate in a 13-and-under mixed team tournament). Specifically:

- 10-and-under boys' teams can play in 10-and-under girls' tournaments
- 11-and-under boys' teams can play in 12-and-under girls' tournaments
- 12-and-under boys' teams can play in 13-and-under girls' tournaments
- 13-and-under boys' teams can play in 14-and-under girls' tournaments
- 14-and-under boys' teams can play in 15-and-under girls' tournaments

Mixed-team tournaments will use girls' net heights and competition balls. This new rule is for OVR-sanctioned tournaments only. If teams play in other regions, the rule may be different or nonexistent. Coed tournaments may be run by either boys' or girls' tournament directors, extending the boys' 14-and-under season potentially into the spring.

Boys may participate in 10-and-under girls' tournaments on coed or gender-specific (all boys) teams. There is no limit to the number of boys on a team. Regular USA Volleyball rules for youth teams will be used with accepted region modification. Boys may not participate on 12-and-under girls' teams.

17 Denial of entry

Tournament directors may deny entry when the tournament is filled, or when a club exhibits a habit of unsportsmanlike behavior or cancellation from events.

18 Tournament information

At least 14 days prior to the tournament date, you should receive from the tournament director:

- a. Directions to the tournament
- b. A list of overnight accommodations
- c. The starting time of the first match and officiating assignments. All regular-season juniors' tournaments will start at or before 9:00AM.
- d. A copy of the pool play format with the schedule of playing order, including the names of all participating teams (if available)
- e. Tournament format

Due to changes beyond a tournament director's control, it is understood that changes may need to be made to starting times, pool play, tournament formats, and occasionally tournament sites. Tournament directors still have the responsibility of providing information, in sufficient time, for club directors to relay to their teams so those teams can plan accordingly. Make use of the OVR website to post tournament information. If you do not receive your information, contact the tournament director directly. If not satisfied, contact Tom Kohl (kohl@ovr.org).

19 Team cancellation

A team canceling after the entry deadline, 14 days prior to the tournament date, will forfeit its entry fee. A team canceling prior to the entry deadline does not forfeit its full entry fee if a replacement is found. Phone or other expenses incurred to find a replacement may be deducted from the entry fee refund. A team canceling from one tournament to enter a different tournament on the same weekend will forfeit its entry fee. If a team requests and receives entry into a tournament but does not pay its entry fee, the teams' club will be fined the amount of the entry fee.

20 Tournament cancellation

If, for any reason, a tournament must be canceled or altered, the tournament director must notify all club directors and officials both by phone and through the OVR website. All collected entry fees, less any justifiable expenses incurred by the tournament director, must be returned to club directors within 72 hours of the cancellation.

21 Pool play and tournament formats

Formats and other instructions for conducting OVR juniors' tournaments of 4 through 16 teams are detailed at in the

OVR Juniors' Tournament Packet (www.ovr.org/juniors/tournament_packet/). Pool play, tournament playoff schedule, and order of matches should be posted at a common location at the beginning of the day for viewing by coaches, players, and spectators. The tournament director or site manager should regularly update the posted pool play results and tournament schedules. For tournament playoffs, teams will be broken down into divisions (e.g. Gold, Silver, Bronze, etc.) based on the number of teams participating. Playoffs should start prior to 6:00PM.

Tournament directors can not change the pool play or tournament format previously described in tournament mailings or coaches' meetings unless all coaches agree prior to the start of the first match in pool play or playoffs. Tournament directors wishing to develop and use alternative pool play or playoff formats must obtain permission from the OVR Juniors' Tournament Director prior to the tournament date.

22 Coaches' meeting

Prior to the start of pool play, the tournament director and the head referee will conduct a coaches' meeting. During this meeting, any needed entry forms should be collected, rosters verified or updated, and any member registrations completed. A team may not participate unless an accurate, completed team roster is verified prior to the start of pool play. During the coaches' meeting or prior to the start of pool play, coaches will verify and sign their rosters. During the coaches' meeting, the tournament director will review pool play and tournament formats. Any changes or alternate formats should be explained at this time. Tournament directors will advise all coaches of the deadline for each team to have an OVR-certified junior scorekeeper and junior second referee as support officials. The head referee will discuss tournament ground rules and clarify any rule or procedure changes. Any coaches' questions should be answered.

23 Eligibility

Coaches, players, and teams must be registered and currently eligible for participation.

24 Late arrivals

A team arriving late for its first match has a 10-minute grace period after the warm-up before its first game is forfeited. This is followed by a 10-minute period before that team forfeits its second game. However, the match is not delayed if 6 players from that team are present at any time during this delay period.

25 Warm-ups

The mandatory warm-up time between all matches is 10 minutes: 2 minutes shared ball handling, 4 minutes full court for the serving team, and 4 minutes full court for the receiving team. Teams can ask to be informed when they have one minute (or more/less) left to serve. This applies to all matches. Each team can serve sometime during their 4 minutes of use of the full court. The time between games is 3 minutes.

26 Support officials

Teams are required to supply the following support officials for pool play and for the playoffs: one second referee, two line judges, one scorer, one assistant scorer/Libero tracker and one scoreboard operator. By February 1, each boys' team must have an OVR-certified junior scorekeeper and junior second referee to serve as support officials. By April 1, each girls' team must have an OVR-certified junior scorekeeper and junior second referee to serve as support officials. After the deadlines above, coaches assume the responsibility as scorekeeper and second referee if their team does not have the OVR-certified second referee or scorer available at the tournament. A coach or chaperone knowl-

edgeable in scorekeeping must be present courtside while their team is officiating. The R2 and scorekeeper should report to the court official at the coin toss. If they are not present by the beginning of the first timed warm-up then one point will be given to their next opponent, and one point will continue to be given for every minute that they are late. The rest of the support crew (line judges, scoreboard operator and libero tracker) must report to the court official no later than the beginning of the second timed warm up or a point will be given to their next opponent. An additional point will be given for every minute that the work crew is incomplete for their officiating duties. There is a financial penalty assessed, payable by the club, if the violation occurs after their last match of the tournament.

The use of electronic devices by the support officiating crews at our tournaments will not be tolerated. Work teams and their coaches are not permitted to use cell phones or other devices while line judging, keeping score, etc. Teams in violation of this regulation will be assessed a 10 point penalty in their next set that day. There is a financial penalty assessed, payable by the club, if the violation occurs after their last match of the tournament.

27 Support officials: playoffs

The lowest-seeded teams in each division that are not playing the first round of the playoffs will officiate the first playoff match. After the first round of the playoffs, all losing teams must stay to provide support officials for the next match. A tournament director may permit the first-round losing team to leave and have the winning team provide the next match's support officials. This must be explained at the pre-tournament coaches' meeting. When semifinal rounds are played simultaneously on two different courts, the last losing team in the semifinals will stay to provide support for the final match. If the semifinal matches end at the same time or nearly the same time, the losing team that is closest to the tournament site will stay to provide support for the final match. This is a matter of courtesy and should be stated at the coaches' meeting prior to the beginning of pool play, and again prior to the beginning of tournament play. If both teams are equidistant from the site, then the team to lose last should stay. *Failure of any team to fulfill these officiating duties will be reported to the OVR Juniors' Tournament Director, and that team will be fined \$100.*

28 Awards

First-place awards are required for tournaments of 8 or fewer teams. First- and second-place awards are required for tournaments with 9 or more teams. There is not a minimum or maximum cost for prizes. The recommended price range is \$3-5 per player. Awards must be age-appropriate. Awards are required only for the Gold division. Awards are recommended for all division champions below Gold.

29 After the tournament

It is the tournament director's responsibility to post tournament results on the OVR website (www.ovr.org/juniors/results.php, with individual events also linked from the OVR-Kaepa® USA Juniors' Tournament Schedule). Club directors and coaches should check the website for correctness. If the posted tournament results are incorrect, contact the tournament director first through the e-mail link on the Results page or by phone. If not satisfied, contact Tom Kohl (kohl@ovr.org). Seeding points will not be awarded for any OVR juniors' tournament not in compliance with OVR rules.

30 Unpaid fines, entry fees, etc.

Clubs that have not paid fines imposed by the OVR or entry fees due tournament directors will not be permitted to participate in any OVR-sanctioned tournaments until all financial responsibilities are resolved. Clubs that have not paid fines imposed by the OVR or entry fees due tournament directors will not be permitted to register for the following season until all financial responsibilities have been resolved

31 Sportsmanship and vandalism

The Ohio Valley Region of USA Volleyball promotes a high standard of good sporting conduct (sportsmanship) among its athletes, coaches, officials and spectators. This includes respect for the playing facilities throughout the Ohio Valley Region. We request your cooperation by supporting the participants and officials in a positive manner, and by adhering to all facility regulations.

All team members, coaches, spectators, and officials must conduct themselves in a professional, sporting and ethical manner.

Taunting, offensive cheers or gestures, profanity, racial or sexist comments, or other intimidating words or actions directed at officials, athletes, coaches, spectators or team representatives will not be tolerated. Failure to follow facility guidelines and rules as set forth by the site and tournament director will be sanctioned accordingly. Any actions, including but not limited to those mentioned above, will result in an incident report being filed with the OVR office, and a warning being issued by the OVR Commissioner.

Subsequent unsporting behavior by the same individual at the same event will result in removal from the competition site. Likewise, after being instructed to correct the problem, any continued disregard for facility usage rules at the same event, will also result in removal from the competition site. A pattern of unsporting behavior or facility neglect will result in \$250 fine/sanction to the associated club or team.

Any acts of vandalism will result in an incident report being filed with the OVR office, and a warning being issued by the OVR Commissioner. The local police will be contacted. All known individuals responsible for the acts of vandalism will be expelled from the tournament and competition site after they have been reported to the local police IF the local police have decided not to detain the individuals. This can include the removal of an entire team from the tournament.

32 Food

The Ohio Valley Region is restricting the set-up of tables or the cooking of food by teams or their support staff, fans, coaches, or parents at an OVR-sanctioned event. Tournament directors and site managers do not have the discretion to grant permission. If a club does not comply amicably with a site director's or tournament director's request, an *Incident Report* is to be submitted to the Ohio Valley Region Commissioner. Violation of this directive will result in a \$250 fine and a team/club suspension.

Please be advised: not knowing the procedures and rules for operating a club is not an excuse. Make use of the OVR website, www.ovr.org, to obtain the necessary information, or contact the OVR Girls' Program Director, Bill Zehler (zehler@ovr.org, 513-726-6739) or OVR Boys' Program Director, Loren Paulozzi (paulozzi@ovr.org, 440-476-3932), for additional assistance. Your cooperation and help are appreciated!

OVR Juniors' Teams: Season Timeline

August 31, 2009	USA Volleyball membership for the preceding season ends.
September 1, 2009	Online registration opens for club staff, who should register prior to holding tryouts, and for professional officials, who must renew by October 31. Boys tryouts may start.
September 1, 2009	<i>OVR-Kaepa® USA Juniors' Tournament Schedule</i> published at www.ovr.org/juniors/tournaments.php .
January 15, 2010	Girls' tournament entry fees can be deposited.
Morning of tournament	If your team's information on the OVR website is out of date or if you changed it within 24 hours of the tournament, supply an updated entry form with current team and roster information.
Tuesday after your tournament	Check your team's results on the OVR website (www.ovr.org/juniors/results.php). Report any errors to the tournament director. If not satisfied, contact Tom Kohl, OVR Juniors' Tournament Director (kohl@ovr.org).
February 27-28 2010	<i>Ohio Valley Region Boys' Volleyball Championships</i>
March-April, 2010	National Qualifiers for teams seeking to earn spots at national championship tournaments in Open and higher Club divisions
April 17-18, 2010	<i>Ohio Valley Region-Molten® 2010 National Bid Qualifier</i>
May 8-9, 15-16, and 22-23, 2010	<i>Ohio Valley Region-Kaepa® USA 2010 Girls' Volleyball Championships</i>
June 24-July 3, 2010	<i>USA Junior Olympic Girls' Volleyball Championships: Reno, Nevada</i>
June 30-July 7, 2010	<i>USA Junior Olympic Boys' Volleyball Championships: Austin, Texas</i>

Documents, Forms, and Information for OVR Juniors' Teams

<i>OVR Juniors' Registration Packet</i>	www.ovr.org/juniors/registration_packet/
<i>OVR Waiver and Release of Liability</i>	included in the <i>OVR Juniors' Registration Packet</i>
<i>Application for Sanction of Juniors' Tryouts</i>	www.ovr.org/juniors/tryouts/
<i>OVR-Kaepa® USA Juniors' Tournament Schedule</i>	www.ovr.org/juniors/tournaments.php
<i>OVR Juniors' Tournament Results</i>	www.ovr.org/juniors/results.php
<i>OVR Juniors' Team Seeding</i>	www.ovr.org/juniors/seeding.php
<i>USA Volleyball Domestic Competition Regulations</i>	Provided with OVR adult memberships. Rulebooks are now published every two years.